

CULTURE, Entertainment, *Sports & Fitness*



Healthy living and the fitness crazy have made their way to St. Charles County which is now home to over 65 gyms including several YMCAs, Club Fitness, Curves for Women, St. Peters Rec-Plex, Main Street Gym in Historic St. Charles, Pilates Studio and Renaud Spirit Center both in O'Fallon.

Gold's Gym has become a familiar destination for fitness in the area. Touting its credentials as "the largest co-ed gym chain in the world", Gold's is used by amateurs and professional athletes alike. The Gym has two locations: Highway 94 in St. Peters and Highway K in O'Fallon.

Family Entertainment

Another family friendly entertainment destination is the Brunswick Zone in St. Peters. Located on Veterans Memorial Parkway just west of Highway 79, this exciting center has more than 57,000-square-feet of smoke free fun.

Brunswick's main feature is 38 lanes of bowling, which has evolved to a new level. Lanes now have the latest in automated on-screen scoring, the exciting lighting, atmosphere and music of Cosmic Bowling, and fully automated bumpers which can be raised for kids and lowered for adults.

Additional attractions include billiards, laser tag, bumper cars, food zone and large screen TVs perfect for catching the "big game."

America's Incredible Pizza Company operates its 58,000-square-foot facility in the Cave Springs area at Cave Springs Blvd. and North Cloverleaf Drive. At The Incredible Pizza Company, you will be treated to an all-you-can-eat buffet in four themed dining rooms, two banquet rooms, and eight private party rooms. The facility includes an electric go-kart track, mini golf, bumper cars, mini bowling and over 80 video and redemption games.

For the last decade, horse lovers from around the nation have been drawn to the National Equestrian Center to enjoy competitions, shows and rodeos. Located off Highway 40/I-64 in Lake Saint Louis, the center has seating for 2,500 spectators and seven enclosed stable barns total-





Lindenwood Women's Soccer



Family Arena



River City Rascals Baseball



CULTURE, Entertainment, Sports & Fitness

42 ing 652 stalls. The facility has also hosted major dog agility competitions.

For those who enjoy outdoor sports, catch a game with the River City Rascals who bring “baseball from another era” back to life every season at the T.R. Hughes Stadium in the Ozzie Smith Sports Complex off I-70 in O’Fallon. With an old-time feel, this popular stadium has 2,950 permanent seats and a grass berm with picnic area accommodating another 2,200 fans. A front-row experience is had from every seat for as little as \$5 and for a little extra, complete the experience with peanuts, popcorn, hot dogs and sodas.

The Family Arena is just east of the Page Avenue Extension, easily accessible from Highway 94 or I-70. Along with indoor sports, this venue offers the best in concerts, comedy, family shows and more.



“Cats” at the Family Arena

And when those younger fans need to burn off a little energy at the Stadium, they can visit the St. Louis Children’s Hospital KidsZone which includes playground equipment, a speed pitch booth, and hockey and soccer games.

If football is a better fit, then watch a game featuring the River City Rage of the United Indoor Football League at the Family Arena. With tickets starting at \$10 per game, it’s affordable, fast-paced fun for all ages in a climate-controlled environment.

The Family Arena is just east of the Page Avenue Extension, easily accessible from Highway 94 or I-70. Along with indoor sports, this venue offers the best in concerts, comedy, family shows and more. Top artists who have played the 10,000 seat arena are Keith Urban, Martina McBride, Kelly Clarkson, Third Day, MercyMe and ZZ Top.



Lindenwood football

The facility can also be rented for private parties, meetings conventions, tradeshow or recitals, all with an executive chef and catering staff at your beck and call.

Two other popular venues for top-notch entertainment are both found in the Ameristar Casino Resort Spa in St. Charles. They are the HOME nightclub, which blends comfort and style with high energy and the latest in audio/visual technology, and the Bottleneck Blues Bar, which was voted the number one “Live Music Venue” in the St. Louis area by AOL’s City’s Best Guide. Celebrity guests and performers at both exciting locations have included Paris Hilton, Kim Kardashian, Daughtry, Vince Neil and Damon Wayans.

The Arts

The arts are alive and well in St. Charles County, fostered in no small way by a number of local art centers and organizations.

Now entering its sixth year, the Foundry Art Centre on North Main in Historic St. Charles has established its place as a cultural center for contemporary visual and performing arts in the region. Its mission is to bring together the arts, artists and everyday people through exhibitions, studio space, performing arts and educational programs. Once a train car factory, this 36,800-square-foot building hosts Smithsonian-caliber national exhibitions, touring exhibitions, curated exhibits and juried competitions.

"Each year, thousands of visitors from all over the world come to enjoy the exhibitions and programs presented at the

Foundry Art Centre," said Joyce Rosen, the facility's executive director. "The Foundry Art Centre continues to grow its reputation as a leading cultural destination in the Greater St. Charles regional area."

Other local venues include the St. Peters Community & Arts Center on St. Peters-Howell Road and the O'Fallon Cultural Arts Center in the Renaud Spirit Center.

One of the region's largest art events is Mosaics - Missouri's Festival for the Arts, drawing more than 95,000 collectors and patrons for a three-day weekend every September in Historic St. Charles.

For more than a decade, the St. Charles County Symphony Society has been combining a classical and modern repertoire to perform chamber concerts throughout the year along with a summer "POPS" series.



At the forefront of fanning the flame of artistic talent and art appreciation is the not-for-profit Arts Council of St. Charles County. Find out more about cultural happenings in the area by visiting stcharlesart.org

Local Golf

Hitting the links in St. Charles County is as easy as driving a few minutes in any direction. An abundance of public, private, and semi-private courses and country clubs are available for duffers and aspiring pros.

Legendary golf-pro Jack Nicklaus' firm Nicklaus Design created the private course at WingHaven Country Club in the O'Fallon community of WingHaven®. The course provides top level competitive golf while emphasizing playability for the average golfer.

"The Home of the Grizzly" as most of the avid golfers refer to it, Bear Creek Golf Club in Wentzville is a championship-style course. Each hole has its own unique features, challenges and beauty preserving more of the trees and natural habitat.

Some of the other renowned fairways in the area include Old Hickory Golf Club in St. Peters and the Missouri Bluffs Golf Club in the Missouri Research Park, St. Louis' only Tom Fazio designed signature course.

Whether working out at one of the newest fitness centers, catching a minor league game, enjoying the art scene, or hitting a round of golf, there is a lot of life to experience in St. Charles County.

Find out more about cultural happenings in the area by visiting stcharlesart.org



Private Golf Courses

Bogey Hills Country Club
Boone Valley Golf Course
Hawk Ridge Golf Club (semi)
Lake Forest Country Club
Missouri Bluffs Golf Club (semi)
Old Hickory Golf Club
Persimmon Woods Golf Club
Whitmoor Country Club
WingHaven Country Club

Public Golf Courses

Bear Creek Golf Club
Falls Golf Club
Golf Club of Wentzville
Incline Village Golf Course
Links of Dardenne
Mid Rivers Golf Links
New Melle Lakes Golf Course
Pheasant Run Golf Course
St. Peters Golf Course