



Barnes-Jewish St. Peters Hospital

a new era in HEALTH CARE

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Major Hospitals

Quality medical services have been a vital part of St. Charles County for more than 120 years. Now with four distinguished hospitals serving this growing community, a new era of healthcare began with the 2007 opening of the \$75 million **Progress West Healthcare Center** at Highways 40 & K in O'Fallon.

For the second year in a row, Progress West was named a Professional Research Consultants (PRC) Top Performer Hospital for Patient Perception. The hospital also received six "5 Star" Awards for the second year, by scoring in the top 90th percentile with a rating of "Excellent" for Overall Quality of Care in emergency, inpatient, outpatient, outpatient surgery, outpatient radiology and outpatient GI/endoscopy.

"It is so rewarding to see our vision of providing a unique patient experience paying off in patient satisfaction scores that are among the best in the nation," says John Antes, president. "Progress West set out to combine compassionate care, advanced technology, and a healing environment in order to provide the best possible experience for our patients. It is an honor for our teams to be recognized again this year for their hard work and commitment to great patient care."

Progress West is in the midst of an exciting expansion. A 60,000-square-foot medical office will replace the 20,000 square feet of medical office space currently inside the Hospital. Both the medical office building and a new 40,000-square-foot data center for BJC HealthCare will receive Leadership in Energy and Environmental Design (LEED) certification, demonstrating commitment to energy conservation and environmental protection. Construction of the new buildings are expected to be complete in early 2010.

"Our goal is to deliver health care in a new way. While it's much easier to add the latest technology to a new building, it really isn't about the building. It's about putting the patient first and developing the right teams, processes and systems around the patient's needs," Antes said.

BJC HealthCare's 13th hospital, Progress West is the first newly built acute care hospital in metropolitan St. Louis in two decades.

Barnes-Jewish St. Peters Hospital

Serving the people of St. Charles, Lincoln and Warren Counties, Barnes-Jewish St. Peters Hospital is an acute-care hospital located on Mexico Road in St. Peters. BJSPH enjoys the intimacy and friendliness of a community hospital while benefiting from the affiliation with Barnes-Jewish Hospital and the renowned Washington University School of Medicine world-class network of health-care physicians, resources, technology and services.

As a member of BJC HealthCare, their mission is "to improve the health of the people and communities we serve."

Barnes-Jewish St. Peters Hospital, recipient of the 2009 and 2010 HealthGrades Outstanding Patient Experience Award™, is

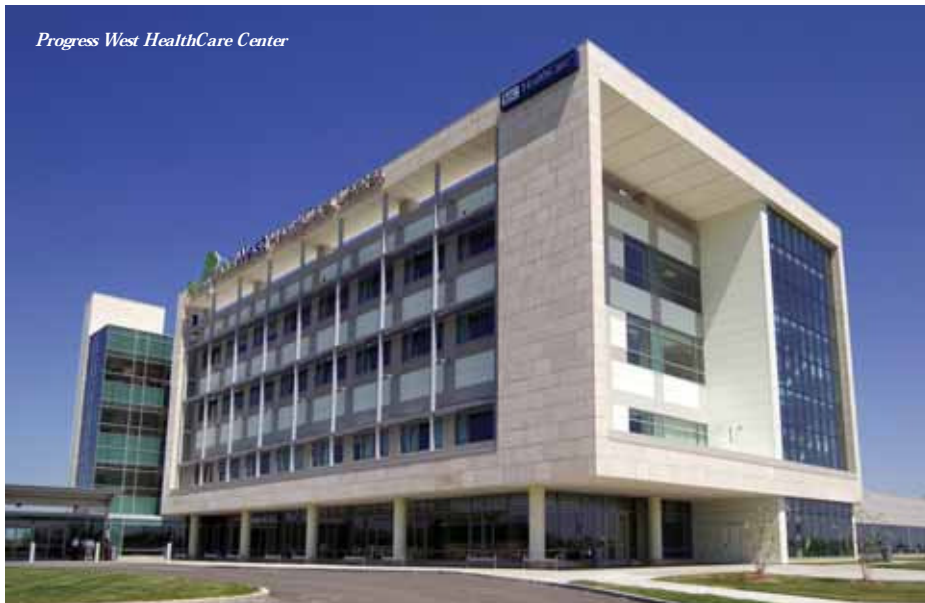
For its state-of-the-art hospitals, convenient urgent-care facilities and top-notch medical care for seniors, St. Charles County has earned a clean bill of health for years to come.



SSM St. Charles



SSM St. Charles



Progress West HealthCare Center

an acute care hospital serving St. Charles, Lincoln and Warren counties. A member of BJC HealthCare, the hospital is also affiliated with the Washington University School of Medicine and has the Siteman Cancer Center at Barnes-Jewish St. Peters Hospital on the campus. Phase one of a \$28 million campus construction project to add a bed tower, new inpatient pharmacy and additional medical office space was completed in fall 2009 and 18 new patient rooms opened on September 1.

The South Pavilion's all-private patient rooms are for surgical patients and offer more space, a canted design to enhance nurse visibility of the patient and the patient's view out the window, a family comfort area and patient touch technology. An in-room medication delivery system enhances the nurse's ability to deliver medication more efficiently.

Additional patient rooms will be completed and opened in later phases of the project. A total of 64 new patient rooms will be added, keeping pace with the growing needs of the community. For more information call 636-928-WELL (9355).

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welcome



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HealthCare Center

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a new era in HEALTHCARE

“Our new expansion helps us keep pace with the 22 percent population growth that is expected in the next decade just in St. Peters by giving us much needed space now and room to grow in the future,” said Karen Prideaux, BJSPH’s manager of community relations. “At Barnes-Jewish St. Peters, we are committed to providing world class care close to home.”

Barnes-Jewish St. Peters Hospital has made several major improvements over the last several years, including an expanded Emergency Room, a new Outpatient Surgery Center, a new Cardiology and Vascular Interventional Center, a new Breast Health & Women’s Center and the Siteman Cancer Center at Barnes-Jewish St. Peters Hospital.

Consumer Health Information Resource Center

Progress West HealthCare Center and Barnes-Jewish St. Peters Hospital have teamed up with the St. Charles County Library District to provide a unique resource for St. Charles County residents. The Middendorf-Kredell Library Branch, located on Highway K in O’Fallon, Missouri, is home to a consumer health information resource center that’s designed to help consumers make wise choices about their health care.



Nurse and patient at SSM St. Joseph

SSM Doctor with his patient and her mother



The Consumer Health Information section has an extensive collection of materials and electronic resources on health-related issues and dedicated library staff is available to help customers research their desired health information.

SSM St. Joseph Health Center

SSM St. Joseph Health Center, located in historic downtown St. Charles, has been serving the needs of the community since 1885. In fact, the hospital will celebrate its 125th year of providing exceptional service in 2010!

The SSM St. Joseph Health Center campus has grown structurally and technologically over the past 125 years to meet the needs of an ever-growing and changing population. Today, the 364-bed acute care hospital has more than 1,100 employees and excels in many areas.

It is home to the SSM Heart Institute, SSM Center for Sleep Disorders, SSM Cancer Care and the SSM Vascular Institute and is a state-designated Level II Trauma Center, an accredited Chest Pain Center with PCI and an American Stroke Association Get With The GuidelinesSM – Stroke Center.

The hospital received word of its full, three-year accreditation as a Chest Pain Center in July 2009. It is one of only three in the St. Louis region to pass accreditation standards with the added distinction of providing percutaneous coronary intervention (PCI), and serves as the St. Charles County region’s Primary PCI Center.

As part of \$27.3 million in future upgrades announced for SSM St. Joseph, work was nearing completion in 2009 on a new \$4.3 million intensive care unit..

One of the many accolades the hospital has received is the 2008 Premier

Award for Quality (AFQ) for efficiently providing outstanding patient care and consistently setting the standard in clinical excellence nationwide. SSM St. Joseph was one of only 26 acute care hospitals in America to be honored with the achievement.

“Our receipt of this award is a reflection of the dedication and expertise of our physicians and staff,” said SSM St. Joseph Hospital President Gaspare Calvaruso, “and it is an extreme honor to be among the leaders who strive for excellence in every area of healthcare.”

In 2007, St. Joseph Health Center was one of 12 hospitals in the nation to receive the Premier Award for Quality for excellence in patient care in the area of Acute Myocardial Infarction (AMI). The hospital was also the first winner of the MissouriPRO Quality Award for outstanding heart attack care in 2006



Surgeons at St. Lukes

When an illness or injury can't wait, residents can find emergency help seven days a week at any of the urgent care centers..

a new era in HEALTHCARE

SSM St. Joseph Medical Park

SSM St. Joseph Medical Park is a 100,000 square foot ambulatory care center located in St. Peters. It is situated on an 18-acre site in the heart of St. Charles county, providing easy access to outpatient medical services.

From the first moment you step inside SSM St. Joseph Medical Park, you will see it's a different kind of place. Uniqueness lies in every area, every concept, every process, and every service we offer our patients and guests. Medical Park provides comprehensive outpatient services in a convenient setting.

SSM St. Joseph Health Center - Wentzville

SSM St. Joseph Health Center-Wentzville has been providing high quality health care to residents in Lincoln, Montgomery, western St. Charles, and Warren counties since 1987. The facility currently offers patients in Wentzville and surrounding communities a 24-hour emergency department and ambulatory services, as well as convenient access to outpatient programs, including diagnostic services such as radiology (MRI, CT and mammography), laboratory, cardiology, pulmonary and rehab services.

Behavioral health inpatient care also is an integral part of the services offered at St. Joseph Health Center-Wentzville. The facility is licensed for 74 inpatient behavioral health beds and offers an outpatient chemical dependency program.

SSM St. Joseph Hospital West

SSM St. Joseph Hospital West, located near I-70 and Lake Saint Louis Boulevard, is an outstanding local resource, allowing area residents to receive exceptional health care close to home. While known for its obstetric and emergency services, this 125-bed acute care hospital has the technology and resources you would expect to find in a major medical center.

With the opening of the SSM Cancer Care at SSM St. Joseph Hospital West in fall 2008, the Lake Saint Louis campus now provides one of the most sophisticated cancer treatments available: the CyberKnife®, operated by Saint Louis



SSM Cancer Center

University Hospital physicians. This image-guided technology is used to treat inoperable tumors with extreme, pinpointed accuracy, without harming the surrounding tissue. It is one of only three in the state of Missouri.

The SSM St. Joseph Hospital West campus also offers a brand new diagnostic cardiac cath lab operated by SSM Heart Institute cardiologists, a new Women's Imaging and Breast Center offering walk-in digital mammograms, a Level II Neonatal Intensive Care Unit, and SSM Cardinal Glennon pediatricians on staff 24 hours a day. The Family Birthplace at St. Joseph Hospital West delivers more than 1,300 babies each year. New parents love the private birthing suites and the exceptional care that our nursing staff provides!

"We are dedicated to maintaining the highest quality standards of medical technology, healing services and personal comforting care," said Drew Rector, president of SSM St. Joseph Hospital West. "Our goal is to provide exceptional healthcare services, and we believe our friendly and compassionate staff will make you feel more at home than you ever imagined a hospital could be."

The Emergency Department at St. Joseph Hospital West is a state-designated Level III Trauma Center, a Get with the Guidelines (GWTG) Stroke Center and a certified Chest Pain Center.

During peak hours, emergency patients age 15 and under are quickly moved to a special kids' unit called SSM Cardinal Glennon Pediatric Express. St. Joseph Hospital West also has an inpatient pediatric unit for children who need to be admitted for additional care.

SSM St. Joseph Hospital West was the first hospital in the St. Louis area to go live with a comprehensive clinical electronic health record (EHR) in March 2008, placing it in the top one percent of hospitals for EHR development nation-

wide. You can learn more at www.ssm-stjosephwest.com, or find a physician by calling 1-866-SSM-DOCS. To find out about all the services available within the SSM Health Care - St. Louis network of hospitals, visit www.ssmhealth.com.

H.W. Koenig Cancer Centers

The H.W. Koenig Cancer Centers, located at St. Joseph Health Center in St. Charles and St. Joseph Medical Park in St. Peters, provide comprehensive, fully integrated cancer care for the region. A third cancer center opened in 2008 at the SSM St. Joseph Hospital West campus in Lake Saint Louis. SSM St. Joseph's oncology program is designated as a Comprehensive Community Cancer Center by the American College of Surgeons.

CenterPointe Hospital

Situated on 26 acres of rolling hillside in Weldon Spring, CenterPointe Hospital is a private psychiatric hospital serving the behavioral health needs of children, adolescents and adults in the metropolitan St. Louis area, southeastern and central Missouri and southern Illinois. The free-standing facility is locally owned and managed by Little Hills Healthcare, LLC, and is committed to providing quality behavioral health care in a safe, secure and tranquil environment.

Urgent Care Centers

When an illness or injury can't wait, residents can find emergency help seven days a week at any of the urgent care centers in St. Charles County in the Small Business Incubator operated by the EDC. Locations include St. John's Mercy Urgent Care Centers in St. Peters and O'Fallon, Barnes-Jewish St. Peters Medical Building and Urgent Care Center in O'Fallon, and St. Luke's Urgent Care Centers in Weldon Spring and at WingHaven® in O'Fallon.

St. Luke's Urgent Care Centers have



Everything you could want in a hospital system...right here in St. Charles County.

St. Charles County has the best of both worlds...a little less crowded than life across the river, yet all the exceptional health care services you need between SSM St. Joseph Health Center in St. Charles and SSM St. Joseph Hospital West in Lake St. Louis.

- SSM Heart Institute with nationally recognized surgeons
- SSM Cancer Care with CyberKnife[®] in partnership with Saint Louis University Hospital physicians
- Only State-Designated Trauma Centers in St. Charles County
- SSM Maternity Care with Level II Neonatal Intensive Care
- SSM Neurosciences Institute
- The Vascular Institute at SSM St. Joseph Health Center
- SSM Cardinal Glennon Pediatric Care

For a referral to an SSM physician, call 1-866-SSM-DOCS.



St. Joseph Health Center St. Charles, MO • St. Joseph Hospital West Lake Saint Louis, MO
www.ssmhealth.com

served local families for more than 25 years. Board-certified physicians provide prompt medical treatment for minor illnesses and injuries every day from 8 a.m. to 8 p.m. with special holiday hours. No appointment is necessary. For more information, call 314-205-6200 or visit www.stlukes-stl.com.

RespondRight, the area's only privately operated EMT program, recently began training in St. Charles County in the EDC's Small Business Incubator. Approved by the Missouri Bureau of Emergency Medical Services and operated by firefighter/paramedic Donna Weiss and paramedic Toni Milan, this unique program offers ongoing EMT training by instructors with real-life experience. RespondRight adds another valuable health resource to the community: advanced emergency medical training for a reasonable cost.

Senior Care

From independent living situations through acute care, St. Charles County offers a range of options for seniors.

In 2009, several new senior facilities began serving the local community. The Garden Villas of O'Fallon opened a \$40

million, 215,000-square-foot luxury retirement community in the fall. Developed by Delmar Gardens Enterprises, this new facility offers retirees a diverse selection of elegant living space arrangements to choose from.

Meanwhile, the Assisted Living at Meadowlands opened in summer 2009 in north O'Fallon as an advanced assisted living memory care facility.

In Dardenne Prairie, Cardinal Ritter Senior Services completed phase one of the St. William Apartments in fall 2009 and is now providing affordable assisted living for low income seniors. A groundbreaking for phase two also took place and the complex will eventually have a total of 78 units.

One of the other newer retirement communities is Park Place which offers resort-style living with fantastic views of nature in O'Fallon's master-planned community, WingHaven. Park Place includes both an independent living community and a licensed assisted living community.

Other retirement home communities providing a continuum of care at one location, making the transition from independent living to acute skilled nursing care include Lutheran Senior Services at

Breeze Park in Weldon Spring and Parkside Meadows in St. Charles.

Assisted living and skilled nursing facilities are plentiful in the county as well. Delmar Gardens a skilled nursing facility in O'Fallon, has 100 assisted living units as well as a day care center, fitness and activity center, beauty salon, ice cream parlor, and dining facilities. Brentmoor – Oak Tree Village, is an active-senior community in St. Peters. It is a 186-unit lakeside community, with "affordable luxury" for independent and assisted living only minutes from Barnes-Jewish St. Peters Hospital, the St. Peters Rec-Plex and Mid Rivers Mall.

Others facilities include Garden View Care Center in O'Fallon which specializes in caring for those with dementia and Alzheimer Disease, Spencer Place Assisted Living by Americare in St. Peters, and several new centers under development around St. Charles County.

With convenient world-class facilities, ongoing medical and technological advancements, expert teams of caring physicians and staff, and senior communities for all lifestyles, St. Charles County is becoming one of the healthiest places to live in the St. Louis metropolitan area.